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## Leukemia: A guide on all things related to Leukemia

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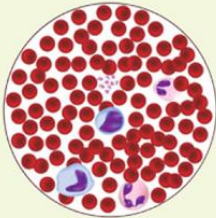
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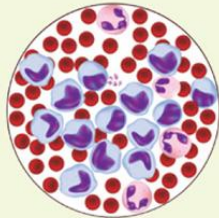
## What to look for

- Many Infections
- Fatigue
- Troubled Breathing
- Bone Pain
- Weight Loss
- Bleed Easily
- Fever and Chills

Healthy Blood



Leukemia



## Causes

- Genetics
- Environmental factors

## Answers

- 1) White blood cells
- 2) 4 common types
- 3) Acute lymphoblastic leukemia

## References:

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COLLEGE OF NURSING

Patient Education Brochure

By: Caitlynn Nugent

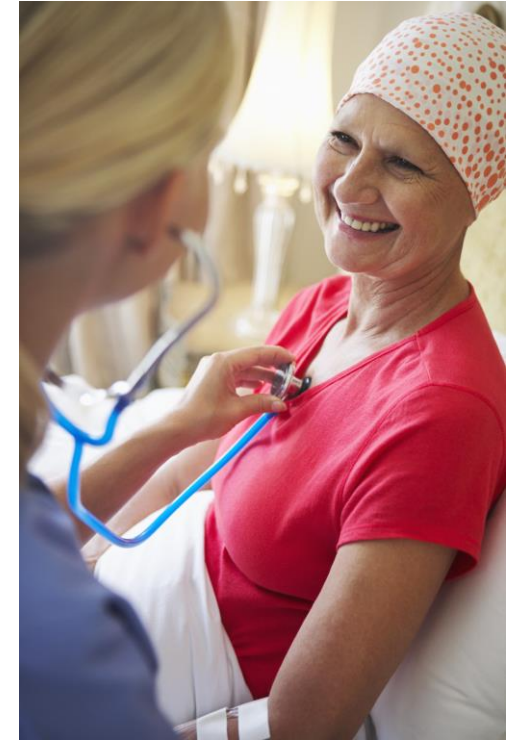
Reading level: 5.9

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# Leukemia



A guide on all things related  
to Leukemia



Did you know?

Leukemia is the most common cancer of the blood.

## What is Leukemia?

Leukemia is the cancer of white blood cells. White blood cell count increases at an irregular rate. This cancer develops slowly or very fast. It can affect children and adults.

## Types of Leukemia

There are four types of leukemia including.

- Acute lymphoblastic leukemia (ALL).
  - Childhood cancer with good outcomes.
- Acute myeloid leukemia (AML).
  - Cancer in adults and has a good survival rate.
- Chronic lymphoid leukemia (CLL).
  - Adulthood cancer with a low response to treatment
- Chronic myeloid leukemia (CML).
  - Adult cancer that requires a bone marrow transplant.

## Risk Factors

- Smoking
- Genetic disorders- you get it from your parents.
- Previous cancer treatment
- Family history of leukemia
- Chemical exposure

## Test your knowledge

- 1) What kind of blood cells does Leukemia affect?
- 2) How many types of Leukemia are there?
- 3) What type of leukemia affects children?

\*see back of pamphlet for answers.

## How to Cope with Leukemia

- Ask questions
  - Learn about your condition and what your options are.
- Have support
  - Allow friends and family into your life during this time.
  - They can provide both emotional and physical support.
- Talk to someone
  - Find a support group. Hospital workers, other leukemia patients, or a counselor, are some of the people you can talk to.

