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Library News

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2020

## February 2020 Library News

University Libraries

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# LIBRARY NEWS



## Cook Library Renovation

Renovations to Joseph Anderson Cook Library began in June of 2019 and will be ongoing through 2021. The project includes the replacement of the roof, updates to the heating, ventilation and air conditioning (HVAC) system, and remodeling of study spaces on the first and second floors.

Included in this project is the addition of the Bower Academic Center, which will house the Student-Athlete Academic Center. The Bower Center serves Southern Miss's nearly 350 student-athletes, and although its primary audience is athletes, many of the amenities will be available for use to students of all disciplines during certain times.

The Academic Advisement Center is also part of this project and will provide academic support services for students that include selecting or changing majors and class scheduling.

To stay up-to-date on the renovation project, visit our renovation web site [here](#).

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## Cognitive Behavioral Therapy

February Science Café on the Coast

Science Café on the Coast will present "Changing Perceptions: Cognitive Behavioral Therapy Can Change Your Mind" where Leslie Fitzmorris will discuss cognitive behavioral

SCIENCE CAFE ON THE COAST

# CHANGING PERCEPTIONS

COGNITIVE BEHAVIORAL THERAPY CAN CHANGE YOUR MIND

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therapy and how it can challenge and change unhelpful behaviors and help develop personal coping strategies.

Fitzmorris, a licensed clinical social worker and registered play therapist with over 20 years of experience, works with individuals who are experiencing difficult life events, transitions, depression, anxiety, loss, and issues of self-worth.

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